

**Netherlands Au Pair Organization
(NAPO)**

Regulations IIIA :

Establishing a list of light household chores that may/may not be expected of the au pair by
the host family

Second amended version as determined by the General Member's Assembly on June 11th 2005

Light household chores:

- * Washing dishes
- * Loading and unloading the dishwasher
- * Preparing simple meals
- * Keeping the kitchen in order and general tidying up
- * Shopping for light groceries
- * Loading laundry into the washing machine
- * Packing away laundry/clothes
- * Ironing
- * Tidying and cleaning of children's room(s)
- * Tidying and cleaning of own room(s)
- * Tidying and cleaning in general
- * Vacuuming
- * Dusting
- * Keeping floors clean
- * Taking out garbage but only on the ground floor
- * Walking and feeding pets
- * Watering plants and taking care of plants/flowers
- * Making and changing beds

Tasks which may not be part of expected light household chores:

- * all and any tasks for which the au pair is solely responsible within the host family
- * all tasks with regard to gardening and the garden
- * washing of windows (inside and outside)
- * scrubbing
- * mopping/scrubbing any area large than 30 m²
- * washing/cleaning a car or automobile
- * cleaning of bathroom facilities unless such facilities are to be used solely by the au pair